

Planting Guide

USDA Zone 4

Last Frost
Apr 30

First Frost
Sep 25

Growing Season
130-150 days

Zone 4 Tip: Cold springs and falls. Use cold frames and row covers for extended season.

Fruiting Vegetables

SEED	METHOD	START INDOORS	DIRECT SOW / TRANSPLANT	HARVEST BY
Roma Tomatoes	Indoor	Mar 19	Apr 16	Aug 25
Jalapeno Peppers	Indoor	Mar 5	Apr 16	Aug 29
California Wonder Peppers	Indoor	Mar 5	Apr 16	Sep 3
Crimson Sweet Watermelon	Both	Apr 16	Apr 30 or earlier	Aug 2
Pickling Cucumbers	Both	Apr 16	Apr 30 or earlier	Jul 3
Dark Green Zucchini	Both	Apr 16	Apr 30 or earlier	Jun 28
Jack-o-Lantern Pumpkin	Sow	—	Apr 30	Jul 29
Luffa Sponge Gourd	Sow	Apr 16	Apr 30	Aug 12
Tight season. Start indoors, use black plastic mulch.				

Herbs

SEED	METHOD	START INDOORS	DIRECT SOW / TRANSPLANT	HARVEST BY
Large Leaf Basil	Indoor	Apr 2	Apr 16	Jul 12
Coriander (Cilantro)	Sow	Apr 9	Apr 30	Jul 15
Parsley	Sow	Apr 9	Apr 30	Jul 20
Catnip	Sow	—	Apr 30	Jun 29

Root Vegetables

SEED	METHOD	START INDOORS	DIRECT SOW / TRANSPLANT	HARVEST BY
Sugar Beets	Sow	—	Apr 30	Jun 19
Bulls Blood Beets	Sow	—	Apr 30	Jun 19
Snowball Turnips	Sow	—	Apr 16	Jun 19
Scarlett Nantes Carrots	Sow	—	Apr 30	Jun 29

Legumes & Corn

SEED	METHOD	START INDOORS	DIRECT SOW / TRANSPLANT	HARVEST BY
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Provider Green Bush Beans	Sow	—	Apr 30	Jun 19
Sugar Lace Snap Peas	Sow	—	Apr 16	Jun 29
Yellow Dent Corn	Sow	—	Apr 30	Jul 19

Leafy Greens & Brassicas				
SEED	METHOD	START INDOORS	DIRECT SOW / TRANSPLANT	HARVEST BY
Utah Celery	Indoor	Feb 19	Apr 16	Oct 7
Butter Crunch Lettuce	Both	Apr 2	Apr 30 or earlier	Jul 17
Red Russian Kale	Sow	—	Apr 16	Jun 24
Long Island Brussels Sprouts	Indoor	Mar 5	Apr 16	Sep 23
White Bunching Onion	Sow	—	Apr 16	Aug 8

Tree Seeds	
Japanese Maple Spring/Fall Fall preferred. Shade when young.	Red Cedar Fall Bare-root in dormant season.
Southern Yew Spring Slow grower. Good hedge plant.	Chinese Elm Spring Drought-tolerant once established.