

# Standing Up for Your People

Week 21 • Thursday • *Sitting Bull, Wilma Mankiller, and You*

## Reading Time

**Sitting Bull** was a Lakota leader known for great courage and wisdom. When his people's land and way of life were threatened, he stood strong and refused to give up what mattered most. He said, 'Let us put our minds together and see what life we can make for our children.'

Long after, in 1985, **Wilma Mankiller** became the first woman Principal Chief of the Cherokee Nation. She built health clinics, brought clean water to villages, and showed that leadership means helping your community every single day.

Standing up for others isn't just for famous chiefs. When you defend a friend, speak up about unfairness, or help someone in need — you are leading too.

## Reading Questions

1. What was Sitting Bull known for?

2. What did Sitting Bull say about our children?

3. What did Wilma Mankiller do for her community?

4. How can YOU stand up for others?

## Vocabulary Grid

Write what each word means in your own words.

**Lakota**

**Principal Chief**

**community**

**defend**

**fairness**

**stand up**

## True or False

Write T for true or F for false in each circle.

- ☐ Sitting Bull was a Lakota leader.
- ☐ Sitting Bull gave up easily when threatened.
- ☐ Wilma Mankiller was the first woman Principal Chief of the Cherokee Nation.
- ☐ She brought clean water and health clinics to her people.
- ☐ Only famous chiefs can stand up for others.
- ☐ Helping someone in need is a kind of leadership.

Think About It

1. Tell about a time you stood up for someone or something you cared about. What happened?

2. If you were a leader in your community, what problem would you fix first? Why?

Draw Yourself Leading

Draw yourself being a leader — standing up for a friend, helping your community, or fixing a problem.

Review

| I learned...                  | Circle one    |
|-------------------------------|---------------|
| Who Sitting Bull was          | YES / NOT YET |
| Who Wilma Mankiller was       | YES / NOT YET |
| How I can stand up for others | YES / NOT YET |