

# Your Family's Traditions

Week 20 • Thursday • Stories and Celebrations in Your Life

## Reading Time

Native nations kept traditions alive through stories, songs, dances, and **ceremonies** — special gatherings for important moments like harvests, seasons, and giving thanks. Powwows, with drumming and dancing, still bring communities together today.

Now think about YOUR family. You have traditions too! Maybe you make special foods on holidays, sing certain songs, tell stories about grandparents, or take the same trip every summer. These traditions connect you to the people who came before you.

Traditions are like invisible threads tying the past to the present. When you learn a family recipe or hear a grandparent's story, YOU become the keeper of a tradition — just like the storytellers of long ago.

## Reading Questions

1. What is a ceremony?

2. What is a powwow?

3. What do traditions connect us to?

## My Family Traditions

Interview a grown-up in your family. Ask about traditions and write what you learn!

| Question                              | Answer |
|---------------------------------------|--------|
| A special food our family makes       |        |
| A story we tell about our family      |        |
| Something we do every year            |        |
| A tradition from when YOU were little |        |

## Think About It

1. Which family tradition is your favorite? Why is it special to you?

2. What tradition would you like to pass on to YOUR children someday?

## Fill in the Blanks

ceremonies   powwow   traditions   keeper   threads

1. Special gatherings for important moments are called \_\_\_\_\_.
2. A \_\_\_\_\_ brings communities together with drumming and dancing.
3. Family \_\_\_\_\_ connect us to people who came before us.
4. Traditions are like invisible \_\_\_\_\_ tying past to present.
5. When you learn a family story, you become its \_\_\_\_\_.

## Draw Your Tradition

Draw your favorite family tradition — a holiday meal, a yearly trip, a song, or a story time.



## Review

| I learned...                         | Circle one    |
|--------------------------------------|---------------|
| How ceremonies kept traditions alive | YES / NOT YET |
| About my own family's traditions     | YES / NOT YET |
| That I am a keeper of traditions too | YES / NOT YET |